



When the mercury falls, don't let your defenses against the sun's rays follow suit. You may be swathed in scarves, Ugged-up, and thinking hot chocolate, but the sun doesn't go south for the winter. In fact, snow reflects about 80% of the UV rays, almost doubling the skin-scariness. And what's more, since the trees have shed their leaves, your fresh face is more directly in the line of fire than ever. Those crinkly, squinty, snowy wrinkles around your eyes and mouth? If you're not careful, they'll probably still be hanging around long after the spring thaw. But relax. Just remember, when you're layering on the cashmere or wool or fleece, to dab a dollop of sunscreen on your face, hands, ears, and neck. And don't forget a chic wide-brimmed hat. You'll have a healthy off-season glow that is, quite simply, all your own. And all that much more stunning because of it.

Penie

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