Tips for Promoting Sun Safety at School

Source: Center for Disease Control and Prevention
Tips for Parents

- Apply sunscreen to children’s exposed skin before school, and provide sunscreen for reapplication later in the day.

- Provide sunscreen for outdoor school field trips.

- Remind children to be sun-safe when outdoors.

- Work with the principals, teachers, PTA, and school board to support district-wide sun protection policies.
Tips for Teachers and School Personnel

- Integrate sun safety lessons into appropriate academic areas.
- Be a “sun-safe” role model for students.
- Remind students to practice sun protection behaviors.
- Educate parents and community members about sun protection behaviors.
Tips for Principals

- Promote sun safety to students, school personnel, and community members.
- Work with parents and community members to develop a sun safety policy and curricula for students and staff.
Tips for Superintendents and Board Members

● Approve sun safety in-service training for teachers and staff, and classroom sun safety education for students.

● Implement a district-wide sun safety policy.

● Provide outdoor shade for playgrounds and athletic areas.
Tip for Community Health Care Providers

- Regularly discuss sun safety with young patients and parents.

- Begin sun safety education at birth before mother and baby leave the hospital. (Infants should not be exposed to the sun in their first six months.)

- Educate teachers, staff, administrators, and school board members about sun safety.

- Help develop sun safety policies in school districts.